

Book events

Boulder Book Store
All events are \$5 (includes \$5 in store credit the day of the event) unless otherwise noted. Lani Taylor, "Daughter of Smoke and Bone," 6:30 p.m. Monday; Charly Heavenrich, "Unimagined Gifts," 7:30 p.m. Thursday; Lori DeBoer, Writing Workshop: "Fast and Focused Writing," 2 p.m. Saturday (by reservation only; \$30). 1107 Pearl St., Boulder, 303-447-2074.

Tattered Cover LoDo
Karl Weber, "Demand: Creating What People Love Before They Know They Want It," 7:30 p.m. Monday; Alton Brown, "Good Eats 3: The Later Years," 7:30 p.m. Thursday. 1628 16th Street, Denver; 303-436-1070

Tattered Cover Colfax
Ken Ballen, "Terrorists in Love: The Real Lives of Islamic Radicals," 7:30 p.m. Wednesday; Chris Bohjalian, "The Night Strangers," 7:30 p.m. Thursday; Ron Franscell, "The Sourtoe Cocktail Club," 7:30 p.m. Friday. Elizabeth Street and Colfax Avenue, Denver; 303-436-1070.

Machu Picchu mystery

"Turn Right at Machu Picchu: Rediscovering the Lost City One Step at a Time" by Mark Adams. Dutton, 352 pp. \$26.95.

By Mary Foster
Associated Press

Mark Adams' decision to finally seek adventure has paid off big-time for readers in "Turn Right at Machu Picchu," a book that combines history, travel and adventure.

Adams, an editor for several adventure and travel magazines, realized at age 40 that he had spent a lot of time on other people's adventures but had experienced none of his own. What better way to start than by investigating allegations that Hiram Bingham III may not have discovered the Incan city of Machu Picchu?

A lofty ambition for a man who last slept outdoors when he was 7 years old in a toy teepee that his father set up in their backyard.

Fortunately, Adams was up to the challenge — although he sometimes doubted it — as he followed Bingham's path through climbs that were both taxing and sometimes dangerous.

With the help of John Leivers, an Australian explorer who is an expert on the Inca sites in the Andes, and a crew of coca leaf-chewing mule tenders and a cook, Adams retraced the route that Bingham, a professional explorer who helped inspire the film character Indiana Jones, traveled on his way to his stunning discoveries. Quite a challenge, since "by journey's end, Bingham's group had traveled nearly one thousand miles in 115 days."

On his trek, Adams wound his way through the mountains of Peru, discovering wild country with breathtaking views and stunning ruins, and meeting interesting people long before he makes it to Machu Picchu.

Adams details the fascinating story of Bingham, one of the ambitious explorers of the early 20th century, whose lust for fame was fulfilled in 1911 when he discovered not just one, but three amazing archaeological sites.

He adds in information on Peru and modern-day tourism at the famous site; the history of the Incas; the history and geography of Machu Picchu and other Incan ruins; and details the age of the great explorers.

And he makes plenty of his own discoveries along the way.

All of this is done with a liberal helping of humor, and it adds up to a story that hooks readers early and then sails along so interestingly that it's one of those "can't put it down" books.

What more could armchair adventurers want?

NONPROFIT

Spotlighting community connections, programming and benefits.



Courtesy photo

Flatirons Volleyball Club.

Flatirons Volleyball Club

Our mission: The mission of Flatirons Volleyball Club is to share our passion for volleyball with girls who enjoy being active and working together as a team. We teach young women to be accomplished volleyball players. We plan to achieve our goals by recruiting top quality coaches who will run physically and mentally challenging training sessions. Flatirons athletes will be taught the competitive spirit along with sportsmanship. In addition, there will be a strong emphasis on the inherent lessons of sport such as self discipline, time management, the development of healthy relationships and so many more. It is important to us to keep the "fun" in volleyball which will, in turn, foster a lifelong love for the sport.

We serve: We serve girls and young women between the ages of 11 and 18 years of age. We look for athletically inclined girls who want to be a member of a team that works for a common goal. Strong work ethic, the ability to put the team first and a willingness to learn are important attributes for club sport athletes.

Brief history: Flatirons Volleyball Club was founded in 1999 by LaRae Musselman and Susan Cancilla. Fueled by their love of volleyball and the desire to provide competitive opportunities for their daughters, Flatirons VBC was born.

Proudest accomplishment: One of our proudest accomplishments was qualifying our 17's team

for the Jr. National Championships in Louisville, Kentucky. Most impressive was our traveling group of 32 people (not including the 10 players and 2 coaches) which included grandparents, siblings, cousins, friends, chaperones and parents.

Greatest need: Scholarship funds for players needing help to offset the expense of club sports.

Future plans: Our future plans include expanding the number of teams and, some day in the future, obtaining a facility of our own. Try-outs are being held; please visit the website for more information.

Contact info: 303-543-7605; <http://flatironsvbc.org>; or email flatironsvbc@aol.com.

Benefits

THIS WEEK

Brave, Bold & Beautiful An evening of app's, drinks, entertainment, silent auction and honorary program to benefit MESA (Moving to End Sexual Assault). Featuring nationally acclaimed author Tracy Ross, who will speak of her memoir, "The Source of All Things," 6-9 p.m. Thursday, Rembrandt Yard, 1301 Spruce St., Boulder, \$30-\$50. Details: 303-443-0400 or www.moving-toendsexualassault.org.

Pancake nosh-up with Share-A-Gift and the Homeless Shelter To benefit Boulder and Broomfield county's Share-A-Gift and Homeless Shelter. Additional toys, books and clothing donations will be accepted at the door, 7-9:45 a.m. Saturday, Applebee's, 1906 28th St., Boulder, \$7. Details: 303-468-4310.

The Dandelion Ball — Spreading the Seeds of Mental Health Mental Health Partners Foundation/Mental Health Partners

host this fund raising gala featuring a gourmet dinner, cocktails, silent/live auctions and live music by the Hazel Miller Band, 5:30 p.m. Saturday, Colorado University Stadium Club at Folsom Field, Athletic Building, Boulder, \$125. Details: 303-413-6287.

ONGOING

The Boulder Shelter for the Homeless is in need of the following items: bath towels, twin size cotton blankets, travel size shampoos, deodorant and toothpaste, Band-Aids, toothbrushes, vitamin C, multivitamins, cough drops, non-alcoholic cold medicines, Q-tips, Kleenex, adult socks, hats and gloves, winter coats and boots. Drop off donations between 8-10 a.m., seven days a week. Bring donations to the west-facing door on the north end of the shelter, 4869 N. Broadway, Boulder. Details: 303-442-4646.

The EFAA Food Bank Emergency Family Assistance Association is

in short supply of the following items for the food bank: tuna, cereal, black beans and peanut butter; deliver to west side of building. Consider a targeted food drive for EFAA. Call Liz at 303-951-7667 to get on the calendar. Located at 1575 Yarmouth Ave., Boulder. Details: www.e-faa.org.

Boulder Bucks Purchase vouchers through the Carriage House, which can be given to members of the homeless community and redeemed at numerous local restaurants, shops, grocery stores, laundry facilities, recreation centers and RTD. The vouchers cannot be redeemed for tobacco or alcohol. Details: www.bouldercarriagehouse.org/services/boulder-change or 303-442-8300.

To submit items for this column, please post online at <http://calendar.dailycamera.com>; by e-mail to community@dailycamera.com; or by mail to Benefits, 5450 Western Ave., Boulder, CO 80301.

Volunteer opportunities

Foothills United Way's Volunteer Connection is your source for local volunteer information. Following is a sample of opportunities in our communities. Search our database of over 400 other opportunities at www.unitedwayfoothills.org or schedule an appointment to meet with a Volunteer Advisor for assistance. Appointments are available on Thursdays at 10:00 a.m., 11:00 a.m. or 12:00 p.m. Contact us at volunteer-connection@unitedwayfoothills.org or 303.444.4013.

Make a Difference Day: Put finishing touches on work that was done throughout the year. On October 22, volunteers will have a variety of crews, projects to be finished up and locations to choose from. Meet in morning for light breakfast then head to assignments. Crews may stay at one site or travel to various sites in the same day. We will try to match you with a desired project but reserve the right to assign you where you are needed most. Projects are from 8:00 a.m. to 1:00 p.m. and are great for groups and families. Boulder County Parks and Open Space. Craig Sommers. 303.678.6216. Register at www.BoulderCountyOpenSpace.org/wildwork.

Victim Advocate: Help victims of crime in the Boulder District Attorney's Office. Applicants must be 21 years old, attend a 35-hour training, and be available to volunteer eight hours a week, on weekdays, for a minimum of one year. Criminal background check required. Rebecca Metcalfe. rmetcalfe@bouldercounty.org.

Conversation Partner: Meet with an international student for one hour a week and converse giving our ESL students additional practice speaking English and also the opportunity to meet members of the community. Volunteers and students are matched according to the day and time that they are available and when possible by interests and can meet at a cafe or whatever location is convenient. Your English School (YES). Linda Wood. 303-440-7068. lindawood86@hotmail.com.

Pet Walker: Walk dogs in Boulder to help residents who are not able to walk their dog anymore. Schedule is very flexible, according to volunteer's availability. Golden West Senior Residence. Jill Moore. 303-939-0883. jmoore@gwboulder-r.org.

"Green" Volunteer: Help us reduce our environmental impact. This opportunity is perfect for someone interested in and dedication to reuse, recycle, and waste information. Create and maintain reuse and recycle program, educate staff on practices that support our low-impact philosophy, make a monthly trip to the hard-to-recycle center to dispose of Styrofoam and other h.t.r. items, and more. Boulder Valley Women's Health. Erin Pribyl. 303-442-5160 x 29. erin@bvwhc.org.

Warming Center Overnight Shelter: Beginning October 1, work in teams with staff and other volunteers to create a safe, welcoming environment for adults who need shelter in Longmont. Overnight shelter is open when weather conditions and temperatures are dangerous for people who are homeless. OUR Center. Maggie Shearon. 303-772-5529 x 235. maggie@our-center.org.

Truck Drivers & Driver Assistants: Drive our truck to gather or distribute donated food within Boulder and Broomfield Counties. Driver Assistants assist the truck driver by loading and unloading food, and with inventory and storage. Community Food Share. Sue Ericson. 303-652-3663. sericson@community-foodshare.org.